

3. Medical Services & Child Welfare

A. Doctors, Dentists & Hospitals

Though there are a range of Medical centres, Dentists and Hospitals in Iwamizawa, it is **not always guaranteed that the staff there are capable of speaking English**. Therefore, the best way for you to find an English-speaking doctor is to speak to friends and other foreigners around you who could recommend you to places. It may be the case that there are more places available in Sapporo.

Nonetheless, you can always ask your nearest Dentist or Medical centre in Iwamizawa if there is anyone there who can speak English, and they may be able to guide you from there.

B. Child Welfare

Raising a child in Japan, like anywhere else in the world, can be very challenging. Your best bet is to find someone whom you can confide in and trust if you find yourself in need of help.

◎ Vaccinations

In order to protect your child from various diseases and viruses, combined vaccinations for pertussis (whooping cough), diphtheria and tetanus, and vaccinations for second stage diphtheria, BCG, polio, measles and German measles are available. Depending on the type of illness, the method of vaccination and the place where they hold the vaccinations are different. For details, **check with the clinic below to find out when and where to have your child vaccinated, as well as whether or not your child is eligible for vaccinations:**

Hoken Center: 4 Jo Nishi 3 chome 1
Tel: 25-5540
Open daily, 9:00AM to 5:30PM



◎ Children's Benefits

Benefits are available for those parents with children until they have graduated Junior High school [中学校 *chuugakkou*]. For more information, contact:

Children & Families Section
Tel: 23-4111 Ext. 364 or 212 Iwamizawa City Hall (1F)